

FRANCO MANCA

SOVRDOUGH PIZZA

ALLERGEN LIST

JANUARY 2025 v2

IMPORTANT! PLEASE READ BEFORE ORDERING

Allergies and special dietary requirements are taken very seriously at Franco Manca. We work closely with our suppliers to ensure that our information is correct and customers with allergies feel reassured that we will look after their needs properly.

We therefore ask that you inform your waiter before ordering of any special dietary requirements that you may have.

Our recipe information is frequently updated so please check each time you visit to ensure that you have the most up to date recipes. Whilst every care is taken with your meal, we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our suppliers or products which may be produced in an environment with other allergens. Where an allergen ingredient is included as part of the recipe, this will be specified and indicated by a tick, however it is possible that dishes may contain traces of other allergens not included on the main ingredients list. Please ask to speak with a Manager for more information.

CATEGORIES

| | |
|-------------------------------------|----|
| 1. MAIN MENU PIZZA..... | 2 |
| 2. MEAT SPECIALS WINTER..... | 2 |
| 3. VEG SPECIALS WINTER..... | 3 |
| 4. VEGAN SPECIAL PIZZAS..... | 4 |
| 5. FISH SPECIAL PIZZAS..... | 4 |
| 6. SIDES AND MAIN SALADS..... | 4 |
| 7. MAIN MENU BITES..... | 4 |
| 8. BITES AND SIDES..... | 5 |
| 9. ICE CREAM..... | 6 |
| 10. DESSERTS..... | 6 |
| 11. MEAT COOKED AND CURED..... | 6 |
| 12. CHEESES AND DAIRY..... | 7 |
| 13. BULK RECIPES..... | 8 |
| 14. FISH..... | 9 |
| 15. DRY STORE..... | 9 |
| 16. VEGETABLES + FRUIT..... | 10 |
| 17. SOFT DRINK..... | 10 |
| 18. SPIRITS..... | 11 |
| 19. WINE + BEER..... | 11 |
| 20. COFFEES..... | 12 |
| 21. BITES FOR TAKEAWAY..... | 12 |
| 22. KIDS' MENU..... | 12 |
| 23. FREQUENTLY ASKED QUESTIONS..... | 13 |

LEGEND

✓ = ALLERGEN PRESENT

(P) = PASTEURISED

(UNP) = UNPASTEURISED

GF = GLUTEN FREE IF ON A GLUTEN FREE BASE

VEGGIE = SUITABLE FOR VEGETARIANS

VEGAN = SUITABLE FOR VEGANS

ALLERGENS

1. NUTS
2. PEANUTS
3. GLUTEN
4. EGG
5. CRUSTACEAN
6. MILK
7. FISH
8. CELERY
9. SESAME
10. LUPIN
11. MUSTARD
12. SOYA
13. SULPHITES
14. MOLLUSCS
15. ALLIUM (GARLIC, LEEKS AND ONIONS)
16. TOMATOES

WE HANDLE NUTS IN OUR
PIZZERIA AND INSIDE OUR OVENS

ALLERGEN LIST

JANUARY 2025 v2

FRANCO MANCA

| 1. Main Menu Pizzas | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
|--|-----------|---------|---------------|------|-------------|----------|-------------|--------|--------|-------|---------|------------|-----------|----------|-------------------|--------|---------|--------|----------|
| 0 - THE OG MARGHERITA (SELECTED SITES ONLY) (NEW) | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| 1 - MARGHERITA | | | ✓ Wheat flour | | | | | | | | | | | | ✓ Garlic | ✓ | yes | yes | yes |
| 2 - MARGHERITA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| 2 - WITH BUFFALO MOZZARELLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| 3 - POTATOES, STILTON, SEASONAL PESTO (N) | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | no | yes |
| 4 - HAM RICOTTA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| 5 - NAPOLETANA | | | ✓ Wheat flour | | | ✓ Cheese | ✓ Anchovies | | | | | | ✓ | | ✓ Garlic | ✓ | no | no | yes |
| 6 - CHORIZO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | no | no | yes |
| 7 - LIGHTLY SMOKED SPICY SALAMI | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | no | no | yes |
| 8 - AMATRICIANA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions | ✓ | no | no | yes |
| 9 - BEEF CARPACCIO, GRANA, ROCKET | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| 10 - TRUFFLE PESTO, SMOKED BURRATA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | no |
| 2. Meat Special Pizzas | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
| MEAT 301 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 302 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 303 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 304 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | | no | no | yes |
| MEAT 305 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | ✓ | no | no | yes |
| MEAT 306 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 307 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 308 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 309 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | ✓ | no | no | yes |
| MEAT 310 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | no | no | yes |
| MEAT 311 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 312 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Onions | ✓ | no | no | yes |
| MEAT 313 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 314 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 315 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | | ✓ | no | no | yes |
| MEAT 316 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | no | no | yes |
| MEAT 317 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| MEAT 318 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | no | no | yes |
| MEAT 319 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 320 | ✓ Walnuts | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | | no | no | yes |
| MEAT 321 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | no | no | yes |
| MEAT 322 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Onions | ✓ | no | no | yes |
| MEAT 323 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Onions & Garlic | | no | no | no |
| MEAT 324 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | ✓ | no | no | yes |

| Meat Special Pizzas | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
|------------------------------|-----------|---------|---------------|------|-------------|----------|------|--------|--------|-------|---------|------------|-----------|----------|-------------------|--------|---------|--------|----------|
| MEAT 325 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| MEAT 326 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| MEAT 327 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 328 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 329 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | ✓ | no | no | yes |
| MEAT 330 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| MEAT 331 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | | no | no | yes |
| MEAT 332 | ✓ Walnuts | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | no | no | yes |
| MEAT 334 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | | ✓ | no | no | yes |
| MEAT 335 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | no | no | yes |
| MEAT 336 | ✓ Walnuts | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | no | no | yes |
| MEAT 337 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | no | no | no |
| MEAT 338 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Onions & Garlic | ✓ | no | no | yes |
| MEAT 339 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| MEAT 340 | ✓ Walnuts | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | no | no | yes |
| MEAT 341 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions | ✓ | no | no | yes |
| MEAT 342 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions | ✓ | no | no | yes |
| 3. Vegetarian Special Pizzas | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
| VEG 401 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | | yes | no | yes |
| VEG 402 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ | ✓ | yes | no | yes |
| VEG 403 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | | ✓ | yes | no | yes |
| VEG 404 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | no | yes |
| VEG 405 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | | ✓ | yes | no | yes |
| VEG 406 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | no | yes |
| VEG 407 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| VEG 408 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | | ✓ | yes | no | yes |
| VEG 409 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | | | yes | no | yes |
| VEG 410 | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions | | yes | no | yes |
| VEG 411 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | no | yes |
| VEG 412 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions | ✓ | yes | no | yes |
| VEG 413 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | ✓ | yes | no | yes |
| VEG 414 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions | ✓ | yes | no | yes |
| VEG 415 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions | ✓ | yes | no | yes |
| VEG 416 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | yes | no | yes |
| VEG 417 | ✓ Walnuts | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | yes | no | yes |
| VEG 418 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | ✓ | yes | no | yes |
| VEG 419 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | | ✓ | yes | no | yes |
| VEG 420 | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | | | yes | no | yes |
| VEG 421 | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | no | no |

| 4. Vegan Special Pizzas | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
|---|---------------------|---------|---------------|------|-------------|----------|--------------------|--------|--------|-------|-----------|------------|-----------|----------|-------------------|--------|---------|--------|----------|
| VEGAN 601 | ✓ Almonds | | ✓ Wheat flour | | | | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | yes |
| VEGAN 602 | | | ✓ Wheat flour | | | | | | | | | | ✓ | | | | yes | yes | yes |
| VEGAN 603 | | | ✓ Wheat flour | | | | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | yes |
| VEGAN 604 | | | ✓ Wheat flour | | | | | | | | | | ✓ | | ✓ Onions | ✓ | yes | yes | yes |
| VEGAN 605 | ✓ Almonds | | ✓ Wheat flour | | | | | | | | | | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | yes |
| VEGAN 606 | | | ✓ Wheat flour | | | | | | | | | | ✓ | | ✓ Garlic | ✓ | yes | yes | yes |
| VEGAN 607 | | | ✓ Wheat flour | | | | | | | | | | ✓ | | | ✓ | yes | yes | yes |
| VEGAN 608 | | | ✓ Wheat flour | | | | | | | | | | ✓ | | ✓ Onions | ✓ | yes | yes | yes |
| VEGAN 609 | | | ✓ Wheat flour | | | | | | | | | | ✓ | | | ✓ | yes | yes | yes |
| VEGAN 610 | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | no |
| VEGAN 611 | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | | yes | yes | no |
| VEGAN 612 | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | no |
| VEGAN 613 | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | no |
| VEGAN 614 | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | no |
| 5. Fish Special Pizzas | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| Fish Special 1 - SARDINES | | | ✓ Wheat flour | | | | ✓ Sardines | | | | | | ✓ | | ✓ Garlic | ✓ | no | no | no |
| Fish Special 2 - YELLOWFIN TUNA | | | ✓ Wheat flour | | | ✓ | ✓ Tuna & Anchovies | | ✓ | | ✓ Mustard | | ✓ | | ✓ Onions | ✓ | no | no | yes |
| Fish Special 3 - SMOKED SALMON | | | ✓ Wheat flour | | | ✓ Cheese | ✓ Salmon & Mullet | | | | | | | | ✓ Onions | | yes | no | yes |
| Fish Special 4 - SOURDOUGH CUP 2023 | | | ✓ Wheat flour | | | ✓ Cheese | ✓ Anchovies | | | | | | ✓ | | ✓ Onions | | no | no | yes |
| 6. Salads | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| SIDE SALAD MEDIUM | | | | ✓ | | ✓ Cheese | | | ✓ | | ✓ Mustard | ✓ | ✓ | | ✓ Garlic | ✓ | yes | no | yes |
| SIDE SALAD SMALL | | | | | | | | | ✓ | | ✓ Mustard | ✓ | ✓ | | ✓ Garlic | ✓ | yes | yes | yes |
| PESTO CHICKEN SALAD (N) (WINTER) | ✓ Almonds & Walnuts | | | ✓ | | ✓ Cheese | | | ✓ | | ✓ Mustard | ✓ | ✓ | | ✓ Onions & Garlic | | no | no | yes |
| TUNA SALAD | | | | | | ✓ | ✓ Tuna & Anchovies | | ✓ | | ✓ Mustard | | ✓ | | ✓ Onions & Garlic | ✓ | no | no | yes |
| VEG SALAD - BUTTERNUT SQUASH (WINTER) | ✓ Walnuts | | | | | ✓ Cheese | | | ✓ | | ✓ Mustard | ✓ | ✓ | | ✓ Garlic | ✓ | yes | no | yes |
| 7. Main Menu Bites | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| TRIO OF TARALLI, SMOKED ALMONDS, NOCELLARA OLIVES | ✓ Almonds | ✓ | ✓ Wheat flour | | | | | | ✓ | ✓ | ✓ | ✓ | | | ✓ Garlic | | yes | yes | no |
| TARALLI | | | ✓ Wheat flour | | | | | | ✓ | | ✓ | ✓ | | | | | yes | yes | no |

| Main Menu Bites | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|--|-----------|---------|---------------|------|-------------|----------|------|--------|--------|-------|---------|------------|-----------|----------|-------------------|--------|---------|--------|-----|
| SMOKED ALMONDS | ✓ Almonds | ✓ | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| NOCELLARA GREEN OLIVES | | | | | | | | | | ✓ | | | | | | | yes | yes | yes |
| PIZZA BREAD SALT & ROSEMARY | | | ✓ Wheat flour | | | | | | | | | | | | | | yes | yes | yes |
| GARLIC BREAD W/ TOMATO SAUCE | | | ✓ Wheat flour | | | | | | | | | | | | ✓ Garlic | ✓ | yes | yes | yes |
| GARLIC BREAD W/ TOMATO SAUCE & MOZZARELLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | yes | no | yes |
| GARLIC BREAD WITH MOZZARELLA & PESTO (N) | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | yes |
| PLATTER OF CURED MEAT | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | | | no | no | no |
| VEGETARIAN PLATTER (WINTER) (NEW) | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | ✓ | yes | no | no |
| ITALIAN SMOKED BEEF PLATTER | | | | ✓ | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| BURRATA AND 'NDUJA W/ SEMI DRIED TOMATOES | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | no | no | no |
| BUFFALO MOZZARELLA & CURED PROSCIUTTO W/ SEMI DRIED TOMATOES | | | | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | no | no | yes |
| BAKED AUBERGINE PARMIGIANA | | | | ✓ | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| BAKED FREE RANGE PESTO CHICKEN BITE (N) | ✓ Almonds | | | ✓ | | ✓ Cheese | | | | | | | | | ✓ Onions & Garlic | ✓ | no | no | yes |
| ROASTED PEPPERS BRUSCHETTA (NEW) | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | no |
| 8. Bites & Sides | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| BAKED SAUSAGE & WILD BROCCOLI | | | | | | ✓ Cheese | | | | | | | ✓ wine | | ✓ Garlic | ✓ | no | no | yes |
| BAKED SPICY LAMB WITH POTATOES | | | | | | ✓ Cheese | | | | | ✓ | | | | ✓ Onions & Garlic | ✓ | no | no | yes |
| SPICY PLANT BASED MEATBALLS | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | ✓ | yes | yes | no |
| BRESAOLA, WILD ROCKET & GRANA | | | | ✓ | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| BRUSCHETTA W/ PLUM TOMATOES | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | ✓ | yes | no | no |
| BRUSCHETTA BURRATA & 'NDUJA | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | | | no | no | no |
| BUFFALO & MORTADELLA BOLOGNA | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BUFFALO & BRESAOLA | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BUFFALO & SALAMI CAMPAGNOLO | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BURRATA, ROCKET & PLUM TOMATOES | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | no |
| SMOKED BURRATA & BRESAOLA | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BURRATA & BRESAOLA | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| SMOKED BURRATA & SALAMI CAMPAGNOLO | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BURRATA & SALAMI CAMPAGNOLO | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| SMOKED BURRATA & MORTADELLA BOLOGNA | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BURRATA & MORTADELLA BOLOGNA | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BURRATA & VENTRICINA SALAMI | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BUFFALO & VENTRICINA SALAMI | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| BURRATA, ARTICHOKE, DRY SAN MARZANO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ | ✓ | yes | no | no |
| BAKED POTATOES, CHORIZO, TOMATO & MOZZARELLA | | | | | | ✓ Cheese | | | | | | | | | ✓ Onions & Garlic | ✓ | no | no | yes |

| Bites & Sides | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|---|--------------------------|---------|---------------|------|-------------|-----------|------|--------|--------|-------|---------|------------|-----------|----------|----------|--------|---------|--------|----------|
| BAKED POTATOES, 'NDUJA, TOMATO & MOZZARELLA | | | | | | ✓ Cheese | | | | | | | | | ✓ Onions | ✓ | no | no | yes |
| BURRATA & CURED PROSCIUTTO | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| SMOKED BURRATA & CURED PROSCIUTTO | | | | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| PIZZA BREAD, BUFFALO, DRY SAN MARZANO TOMATOES & ARTICHOKES | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | ✓ | | ✓ | ✓ | yes | no | no |
| FONDUTA WITH BREAD | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | | no | no | no |
| PIZZA BREAD, PROSCIUTTO & GRANA | | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | | ✓ | no | no | no |
| BAKED BRUSCHETTA W/ PROSOCIANO | | | ✓ Wheat flour | | | | | | | | | | | | ✓ Garlic | ✓ | yes | yes | no |
| TRUFFLE BURRATA & PORCHETTA ON SOURDOUGH | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | no |
| BUFFALO OR BURRATA MOZZARELLA & MARINATED TOMATO SALAD | | | | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| BUFFALO MOZZARELLA OR BURRATA WITH TOMATOES BITE | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | no |
| SMOKED BURRATA, WATERCRESS, BABY PLUM TOMATOES | | | | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| TRUFFLE FONDUTA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | | no | no | no |
| 9. Ice Cream - DISOTTO | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
| MADAGASCAN VANILLA ICE CREAM | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| CHOCOLATE SEA SALT ICE CREAM | | | | | | ✓ | | | | | | ✓ | | | | | yes | no | yes |
| VEGAN SALTED CARAMEL ICE CREAM | | | | | | | | | | | | ✓ | | | | | yes | yes | yes |
| VEGAN CHOCOLATE & BLOOD ORANGE ICE CREAM | | | | | | | | | | | | ✓ | | | | | yes | yes | yes |
| RASPBERRY SORBET | | | | | | | | | | | | | | | | | yes | yes | yes |
| SICILIAN LEMON SORBET | | | | | | | | | | | | | | | | | yes | yes | yes |
| 10. Desserts | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
| AFFOGATO - CHOCOLATE ICE CREAM | | | | | | ✓ | | | | | | ✓ | | | | | yes (p) | no | yes |
| AFFOGATO - VANILLA ICE CREAM | | | | | | ✓ | | | | | | | | | | | yes (p) | no | yes |
| CHOCOLATE & HAZELNUT CAKE | ✓ Hazelnuts | ✓ | ✓ Wheat flour | ✓ | | ✓ | | | | | | ✓ | | | | | yes | no | no |
| LEMON SORBET WITH LIMONCELLO | | | | | | | | | | | | | ✓ | | | | yes | no | yes |
| PECAN CARAMEL CHEESECAKE | ✓ Pecans | ✓ | ✓ | ✓ | | ✓ | | | ✓ | | | ✓ | | | | | no | no | no |
| TIRAMISU' (NO ALCOHOL) | | | ✓ Wheat flour | ✓ | | ✓ | | | | | | ✓ | | | | | yes (p) | no | no |
| VANILLA CHEESECAKE W/ SALTED CARAMEL | | | ✓ Wheat flour | ✓ | | ✓ | | | | | | | | | | | yes | no | no |
| SALTED CARAMEL SAUCE | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| SWEETZA - PISTACHIO & NUTELLA PIZZETTA (NEW) | ✓ Hazelnuts & Pistachios | | ✓ Wheat flour | | | ✓ | | | | | | ✓ | | | | | no | no | no |
| 11. Meats Cooked & Cured | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| CHORIZO DRY & SEMI DRY | | | | | | ✓ Lactose | | | | | | | | | ✓ Garlic | | no | no | yes |
| SMOKED SPICY SALAMI | | | | | | | | | | | | | | | ✓ Garlic | | no | no | yes |
| COOKED ITALIAN HAM | | | | | | | | | | | | | | | | | no | no | yes |

| Meats Cooked & Cured | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|--|-------------|----------------|---------------|-------------|--------------------|-------------|-------------|---------------|---------------|--------------|----------------|-------------------|------------------|-----------------|-------------------|---------------|----------------|---------------|-----------------|
| CURED BRESAOLA FROM VALTELLINA IGP | | | | | | | | | | | | | | | | | no | no | yes |
| CURED PROSCIUTTO | | | | | | | | | | | | | | | | | no | no | yes |
| FREE RANGE SPICY LAMB SAUSAGE | | | | | | | | | | | | | | | ✓ Garlic | | no | no | Yes |
| PORCHETTA | | | | | | | | | | | | | | | | | no | no | yes |
| PANCETTA ARROTOLATA | | | | | | | | | | | | | | | | | no | no | yes |
| SALAMI CAMPAGNOLO | | | | | | | | | | | | | | | | | no | no | yes |
| AMATRICIANA SAUCE | | | | | | | | | | | | | ✓ | | ✓ Onions | ✓ | no | no | yes |
| SPICY 'NDUJA FROM SPILINGA | | | | | | | | | | | | | | | | | no (p) | no | yes |
| MORTADELLA BOLOGNA IGP | | | | | | | | | | | | | | | | | no | no | yes |
| VENTRICINA SALAMI | | | | | | | | | | | | | | | | | no | no | yes |
| FREE-RANGE CHICKEN MARINATED WITH SPICES | | | | | | | | | | | | | | | ✓ Garlic | | no | no | yes |
| GUANCIALE | | | | | | | | | | | | | | | | | no | no | yes |
| ITALIAN SMOKED BEEF (NEW) | | | | | | | | | | | | | | | | | no | no | yes |
| SPECK | | | | | | | | | | | | | | | | | no | no | yes |
| FREE-RANGE CHICKEN THIGHS (WINTER 2024) | | | | | | | | | | | | | | | ✓ Onions & Garlic | | no | no | yes |
| FREE-RANGE CHICKEN WITH PESTO (N) | ✓ Almonds | | | ✓ | | ✓ Cheese | | | | | | | | | ✓ Onions & Garlic | | no | no | yes |
| WILD BOAR AND PORK SAUSAGE | | | | | | | | | | | | | | | | | no | no | yes |
| 12. Cheese and Dairy | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
| BUFFALO MOZZARELLA | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| BURRATA | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| SMOKED BURRATA | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| VEGETARIAN GRANA CHEESE | | | | ✓ | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| TALEGGIO D.O.P. | | | | | | ✓ Cheese | | | | | | | | | | | no | no | yes |
| COLSTON BASSETT STILTON | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| DOUBLE CREAM / WHIPPED CREAM (NEW) | | | | | | ✓ | | | | | | | | | | | yes (p) | no | yes |
| EGG WHITE | | | | ✓ | | | | | | | | | | | | | yes (p) | no | yes |
| EGG YOLK | | | | ✓ | | | | | | | | | | | | | yes (p) | no | yes |
| HARD GOAT'S CHEESE | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| TRADITIONAL GOAT'S HALLOUMI | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| OAT MILK | | | ✓ | | | | | | | | | | | | | | yes | yes | no |
| MILK | | | | | | ✓ | | | | | | | | | | | yes (p) | no | yes |
| MOZZARELLA VEG (FOR PIZZA) | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| RICOTTA | | | | | | ✓ Cheese | | | | | | | | | | | yes (p) | no | yes |
| STILTON DIP | | | | | | ✓ Cheese | | | | | | | | | | | no (p) | no | yes |
| VIOLIFE VEGAN CHEESE | | | | | | | | | | | | | | | | | yes | yes | yes |
| TRUFFLE BURRATA | | | ✓ | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes (p) | no | no |
| YOGHURT GREEK | | | | | | ✓ | | | | | | | | | | | yes (p) | no | yes |
| PECORINO ROMANO D.O.P | | | | | | ✓ Cheese | | | | | | | | | | | no (p) | no | yes |
| CACIO E PEPE DIP | | | | | | ✓ Cheese | | | | | | | | | | | no (p) | no | yes |

| 13. Bults + Recipes | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|---------------------------------------|-----------|---------|---------------|------|-------------|----------|--------------------|--------|--------|-------|-----------|------------|-----------|----------|-------------------|--------|---------|--------|-----|
| AUBERGINE BULK FOR BITES | | | | | | | | | | | | | | | | | yes | yes | yes |
| BASIL PESTO | ✓ Almonds | | | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | yes |
| BEETROOT PESTO | ✓ Walnuts | | | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | yes |
| BEETROOT AND POTATOES BASE (BULK) | | | | | | | | | | | | | | | | | yes | yes | yes |
| BUTTERNUT SQUASH BASE/BULK | | | | | | | | | | | | | | | | | yes | yes | yes |
| BLACK TRUFFLE BURRATA | | | ✓ | | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | no |
| CARAMELISED RED ONION BULK | | | | | | | | | | | | | ✓ | | ✓ Onions | | yes | yes | yes |
| CANNELLINI BEANS | | | | | | | | | | | | | | | | | yes | yes | yes |
| CAULIFLOWER CREAM BASE | | | | | | | | | | | | | | | | | yes | yes | yes |
| COOKED AUBERGINE BULK FOR PIZZA | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| PIZZA OVEN ROASTED BABY PLUM TOMATOES | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| MARINATED BABY PLUM TOMATOES | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| PLANT BASED MINCE (ON IT'S OWN) | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | | yes | yes | no |
| SPICY PLANT BASED MINCE BULK | | | ✓ Wheat flour | | | | | | | | ✓ | ✓ | ✓ | | ✓ Onions & Garlic | | yes | yes | no |
| COOKED TOMATO SAUCE BULK | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| CRISCITO | | | ✓ Wheat flour | | | | | | | | | | | | | | yes | yes | no |
| GARLIC DIP | | | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| NDUJA DIP | | | | | | | | | | | | | | | | | no | no | yes |
| SCOTCH BONNET CHILLI DIP | | | | | | | | | | | | | ✓ | | ✓ Garlic | ✓ | yes | yes | yes |
| CACIO E PEPE DIP | | | | | | ✓ Cheese | | | | | | | | | | | no (p) | no | yes |
| FRANCO'S HOUSE DRESSING (WINTER 24) | | | | | | | | | ✓ | | ✓ Mustard | ✓ | ✓ | | | | yes | yes | yes |
| TUNA DRESSING | | | | | | ✓ | ✓ Tuna & Anchovies | | ✓ | | ✓ Mustard | | ✓ | | | | no | no | yes |
| PIZZA DOUGH BULK | | | ✓ Wheat flour | | | | | | | | | | | | | | yes | yes | no |
| POMEGRANATE | | | | | | | | | | | | | | | | | yes | yes | yes |
| POTATOES WITH ONIONS BULK | | | | | | | | | | | | | | | ✓ Onions | | yes | yes | yes |
| RED & YELLOW PEPPERS CREAM BASE | | | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| COURGETTE CREAM BASE | | | | ✓ | | ✓ Cheese | | | | | | | | | | | yes | no | yes |
| ROASTED COURGETTES | | | | | | | | | | | | | | | | | yes | yes | yes |
| SALAD MIX BULK | | | | | | | | | | | | | | | | | yes | yes | yes |
| RAW BEETROOT & PRE-COOKED BEETROOT | | | | | | | | | | | | | | | | | yes | yes | yes |
| SOURDOUGH BREAD/CAFONE BREAD | | | ✓ Wheat flour | | | | | | | | | | | | | | yes | yes | no |
| SPICY WATERCRESS VEGAN PESTO | ✓ Almonds | | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| VEGAN BASIL PESTO | ✓ Almonds | | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| WHITE ONIONS AND TOMATO BULK | | | | | | | | | | | | | | | ✓ Onions | ✓ | yes | yes | yes |
| TOMATO SAUCE BULK FOR PIZZA | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| WATERCRESS PESTO | ✓ Almonds | | | ✓ | | ✓ | | | | | | | | | ✓ Garlic | | yes | no | yes |
| WILD GARLIC PESTO | ✓ Almonds | | | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | | yes | no | yes |
| ROASTED POTATOES WITH ROSEMARY | | | | | | | | | | | | | | | | | yes | yes | yes |
| FRESH PARSLEY | | | | | | | | | | | | | | | | | yes | yes | yes |
| YELLOW TOMATO PASSATA W/ CHILLI SAUCE | | | | | | | | | | | | | ✓ | | ✓ Garlic | ✓ | yes | yes | yes |
| ROASTED TOMATO & 'NDUJA SAUCE | | | | ✓ | | | | | | | | | | | | ✓ | no | no | yes |
| PARSLEY & MINT DRESSING | | | | | | | | | | | | | | | | | yes | yes | yes |

| Bulks + Recipes | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|---|--------------|---------|--------|------|-------------|----------|-------------|--------|--------|-------|-----------|------------|-----------|----------|----------|--------|---------|--------|-----|
| WILD BROCCOLI PESTO BASE | | | | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | | yes | no | yes |
| TRUFFLE PESTO BASE | | | ✓ | | | | | | | | | | | | ✓ Garlic | | yes | yes | no |
| ROASTED MIXED PEPPERS W/ GARLIC & CAPERS | | | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| NUTELLA BULK (NEW) | ✓ Hazelnuts | | | | | ✓ | | | | | | ✓ | | | | | yes | no | yes |
| PISTACHIO CREAM BULK (NEW) | ✓ Pistachios | | | | | ✓ | | | | | | | | | | | no | no | yes |
| 14. Fish | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| CANTABRIAN ANCHOVIES | | | | | | | ✓ Anchovies | | | | | | | | | | no | no | yes |
| YELLOWFIN TUNA | | | | | | | ✓ Tuna | | | | | | | | | | no | no | yes |
| SARDINES | | | | | | | ✓ Sardines | | | | | | | | | | no | no | yes |
| SMOKED SALMON | | | | | | | ✓ Salmon | | | | | | | | | | no | no | yes |
| BOTTARGA | | | | | | | ✓ Mullet | | | | | | | | | | no | no | yes |
| 15. Dry Store | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| ARTICHOKES GRILLED (NEW DEC 2024) | | | | | | | | | | | | | ✓ | | ✓ | | yes | yes | yes |
| ARTICHOKES GRILLED | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| BALSAMIC VINEGAR | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| BLACK TRUFFLE PASTE | | | ✓ | | | | | | | | | | | | ✓ Garlic | | yes | yes | no |
| BLANCHED ALMONDS | ✓ Almonds | | | | | | | | | | | | | | | | yes | yes | yes |
| CAPERS IN SALT | | | | | | | | | | | | | | | | | yes | yes | yes |
| CHILLI OIL | | | | | | | | | | | | | | | | | yes | yes | yes |
| CIDER VINEGAR | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| CRUSHED CHILLI/DRY CHILLI FOR OIL BOTTLES | | | | | | | | | | | | | | | | | yes | yes | yes |
| DRY SAN MARZANO TOMATOES | | | | | | | | | | | | | ✓ | | | ✓ | yes | yes | yes |
| BALSAMIC VINEGAR AND OIL | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| ORGANIC OIL AND LEMON DRESSING | | | | | | | | | | | | | | | | | yes | no | yes |
| FINE SEA SALT | | | | | | | | | | | | | | | | | yes | yes | yes |
| FRIARIELLI/WILD BROCCOLI | | | | | | | | | | | | | ✓ | | ✓ Garlic | | yes | yes | yes |
| GARLIC OIL | | | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| GLUTEN FREE PIZZA BASE | | | | | | | | | | | | | | | | | yes | yes | yes |
| PIQUILLO PEPPERS | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| SPICY GREEK PEPPERS | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| HONEY ORGANIC | | | | | | | | | | | | | | | | | yes | no | yes |
| KALAMATA BLACK OLIVES | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| MUSTARD DIJON COLMAN'S | | | | | | | | | | | ✓ Mustard | | ✓ | | | | yes | yes | yes |
| MUSTARD SEEDS BLACK | | | | | | | | | | | ✓ Mustard | | | | | | yes | yes | yes |
| MUSTARD SEEDS YELLOW | | | | | | | | | | | ✓ Mustard | | | | | | yes | yes | yes |
| NUTMEG - FROM SAINSBURY'S ONLY | | | | | | | | | | | | | | | | | yes | yes | yes |
| OLIVE OIL | | | | | | | | | | | | | | | | | yes | yes | yes |
| OREGANO | | | | | | | | | | | | | | | | | yes | yes | yes |
| ORGANIC SUGAR | | | | | | | | | | | | | | | | | yes | yes | yes |
| RED PIENNOLO TOMATO D.O.P. | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| YELLOW TOMATO PACCHETELLE | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| ORGANIC RAPESEED OIL 1LT | | | | | | | | | ✓ | | | ✓ | | | | | yes | yes | yes |

| Dry Store | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|---------------------------------------|------|---------|---------------|------|-------------|------|------|--------|--------|-------|---------|------------|-----------|----------|----------|--------|---------|--------|-----|
| SAN MARZANO TOMATO D.O.P. | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| SAVOIARDI | | | ✓ Wheat flour | ✓ | | ✓ | | | | | | ✓ | | | | | yes | no | no |
| RAPESEED OIL 20LT FOR WOODEN PLATTERS | | | | | | | | | | | | | | | | | yes | yes | yes |
| WHOLE BLACK PEPPER | | | | | | | | | | | | | | | | | yes | yes | yes |
| CRACKED BLACK PEPPER | | | | | | | | | | | | | | | | | yes | yes | yes |
| TRUFFLE OIL | | | | | | | | | | | | | | | | | yes | yes | yes |
| WILDFARMED FLOUR TYPE 0 | | | ✓ Wheat flour | | | | | | | | | | | | | | yes | yes | no |
| SEMI DRIED TOMATOES | | | | | | | | | | | | | | | ✓ Garlic | ✓ | yes | yes | yes |
| AGAVE NECTAR | | | | | | | | | | | | | | | | | yes | yes | yes |
| SALTED CARAMEL SAUCE | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| 16. Vegetables + Fruit | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| AUBERGINE | | | | | | | | | | | | | | | | | yes | yes | yes |
| BUTTERNUT SQUASH | | | | | | | | | | | | | | | | | yes | yes | yes |
| CHERRY OR PLUM TOMATOES | | | | | | | | | | | | | | | | ✓ | yes | yes | yes |
| COURGETTES | | | | | | | | | | | | | | | | | yes | yes | yes |
| GARLIC | | | | | | | | | | | | | | | ✓ Garlic | | yes | yes | yes |
| GREEN CHILLI | | | | | | | | | | | | | | | | | yes | yes | yes |
| LEMONS | | | | | | | | | | | | | | | | | yes | yes | yes |
| LIMES | | | | | | | | | | | | | | | | | yes | yes | yes |
| MINT | | | | | | | | | | | | | | | | | yes | yes | yes |
| MIXED PEPPERS (RED & YELLOW) | | | | | | | | | | | | | | | | | yes | yes | yes |
| MIXED LEAF SALAD | | | | | | | | | | | | | | | | | yes | yes | yes |
| MIXED WILD MUSHROOMS | | | | | | | | | | | | | | | | | yes | yes | yes |
| ORANGE | | | | | | | | | | | | | | | | | yes | yes | yes |
| RED CHILLI | | | | | | | | | | | | | | | | | yes | yes | yes |
| RED ONIONS | | | | | | | | | | | | | | | ✓ Onions | | yes | yes | yes |
| SCOTCH BONNET CHILLI | | | | | | | | | | | | | | | | | yes | yes | yes |
| SPINACH WILTED | | | | | | | | | | | | | | | | | yes | yes | yes |
| CAULIFLOWER | | | | | | | | | | | | | | | | | yes | yes | yes |
| 3 CHILLI MIX | | | | | | | | | | | | | | | | | yes | yes | yes |
| WATERCRESS | | | | | | | | | | | | | | | | | yes | yes | yes |
| SHALLOTS | | | | | | | | | | | | | | | ✓ Onions | | yes | yes | yes |
| WHITE ONIONS | | | | | | | | | | | | | | | ✓ Onions | | yes | yes | yes |
| WHITE POTATOES | | | | | | | | | | | | | | | | | yes | yes | yes |
| WILD ROCKET | | | | | | | | | | | | | | | | | yes | yes | yes |
| POMEGRANATE (NEW) | | | | | | | | | | | | | | | | | yes | yes | yes |
| BETROOT PRE-COOKED | | | | | | | | | | | | | | | | | yes | yes | yes |
| 17. Soft Drinks | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| APPLE JUICE | | | | | | | | | | | | | | | | | yes | yes | yes |
| FEVER TREE LIGHT TONIC WATER | | | | | | | | | | | | | | | | | yes | yes | yes |
| FILTERED TAP WATER | | | | | | | | | | | | | | | | | yes | yes | yes |

| Soft Drinks | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|--|------|---------|-----------------|------|-------------|------|------|--------|--------|-------|---------|------------|-----------|----------|--------|--------|---------|--------|-----|
| COKE - DIET COKE - COKE ZERO | | | | | | | | | | | | | | | | | yes | yes | yes |
| SAN PELLEGRINO (LIMONATA/ARANCIATA) | | | | | | | | | | | | | | | | | yes | yes | yes |
| FEVER TREE LEMONADE | | | | | | | | | | | | | | | | | yes | yes | yes |
| IRN-BRU | | | | | | | | | | | | | | | | | yes | yes | yes |
| ORANGE JUICE | | | | | | | | | | | | | | | | | yes | no | yes |
| ORGANIC LEMONADE | | | | | | | | | | | | | | | | | yes | no | yes |
| SPARKLING WATER | | | | | | | | | | | | | | | | | yes | yes | yes |
| STILL WATER | | | | | | | | | | | | | | | | | yes | yes | yes |
| SYRUP FOR LEMONADE | | | | | | | | | | | | | | | | | yes | no | yes |
| SAN PELLEGRINO TONICS | | | | | | | | | | | | | | | | | yes | yes | yes |
| NOJITO/STRAWBERRY NOJITO | | | | | | | | | | | | | | | | | yes | no | yes |
| CRODINO | | | | | | | | | | | | | | | | | yes | yes | yes |
| 18. Spirits | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| APEROL | | | | | | | | | | | | | | | | | yes | yes | yes |
| APEROL SPRITZ | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| CAPTAIN MORGAN RUM | | | | | | | | | | | | | | | | | yes | yes | yes |
| SIPSMITH VODKA 40% | | | | | | | | | | | | | | | | | yes | yes | yes |
| EAU DE VIE | | | | | | | | | | | | | | | | | yes | yes | yes |
| GIN AND TONIC | | | | | | | | | | | | | | | | | yes | yes | yes |
| LIMONCELLO | | | | | | | | | | | | | | | | | yes | no | yes |
| NEGRONI & NEGRONI SBAGLIATO | | | | | | | | | | | | | ✓ | | | | no | no | yes |
| SIPSMITH GIN | | | | | | | | | | | | | | | | | yes | yes | yes |
| AMARO DEL CAPO | | | | | | | | | | | | | | | | | yes | yes | yes |
| FRANGELICO | | | | | | | | | | | | | | | | | yes | yes | yes |
| LIMONCELLO SPRITZ | | | | | | | | | | | | | ✓ | | | | yes | no | yes |
| MOTH DRINKS - ESPRESSO MARTINI (NEW) | | | | | | | | | | | | | | | | | yes | yes | yes |
| MOTH DRINKS - MARGARITA (NEW) | | | | | | | | | | | | | | | | | yes | yes | yes |
| MOTH DRINKS - NEGRONI (NEW) | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| 19. Wine + Beer | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| NERO D'AVOLA (TENUTE NORMANNO - RED) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| SANGIOVESE (NA.TI.VO. - RED) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| MONTEPULCIANO (FRANCESCO CIRELLI - RED) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| SYRAH DELLA MORA DOP (NORMANNO - RED) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| PINOT GRIGIO (NA.TI.VO. - WHITE) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| TREBBIANO (FRANCESCO CIRELLI - WHITE) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| INSOLIA (TENUTE NORMANNO - WHITE) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| GRILLO DELLA MORA (NORMANNO - WHITE) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| PROSECCO ORGANIC | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| NERO D'AVOLA ROSATO (TENUTE NORMANNO) | | | | | | | | | | | | | ✓ wine | | | | yes | yes | yes |
| NO LOGO LAGER BTL/DRAUGHT - BITBURGER | | | ✓ Barley & Hops | | | | | | | | | | | | | | yes | yes | no |

| Wine + Beer | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
|--|-----------|---------|-----------------|------|-------------|----------|------|--------|--------|-------|---------|------------|-----------|----------|----------|--------|---------|--------|----------|
| NO LOGO PALE ALE BTL/DRAUGHT | | | ✓ Barley & Hops | | | | | | | | | | | | | | yes | yes | no |
| WILD WAVE ENGLISH CIDER | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| LUCKY SAINT - NO ALCOHOL BEER | | | ✓ Barley & Hops | | | | | | | | | | | | | | yes | yes | no |
| GALIPETTE CIDRE | | | | | | | | | | | | | ✓ | | | | yes | yes | yes |
| 20. Coffee (with Whole Milk) | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF |
| AMERICANO COFFEE | | | | | | | | | | | | | | | | | yes | yes | yes |
| WHITE AMERICANO COFFEE | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| CAFFE LATTE/FLAT WHITE | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| CAPPUCCINO | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| DBL ESPRESSO MACCHIATO | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| DOUBLE ESPRESSO | | | | | | | | | | | | | | | | | yes | yes | yes |
| ESPRESSO | | | | | | | | | | | | | | | | | yes | yes | yes |
| ESPRESSO MACCHIATO | | | | | | ✓ | | | | | | | | | | | yes | no | yes |
| FRESH MINT TEA/ENGLISH BREAKFAST TEA | | | | | | | | | | | | | | | | | yes | yes | yes |
| 21. Bites TAKEAWAY | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
| BUFFALO MOZZARELLA & MORTADELLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BUFFALO MOZZARELLA & BRESAOLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BUFFALO MOZZARELLA & SALAMI CAMPAGNOLO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BUFFALO MOZZARELLA & PROSCIUTTO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BURRATA & BRESAOLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| SMOKED BURRATA & BRESAOLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BURRATA & SALAMI CAMPAGNOLO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BURRATA & MORTADELLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| SMOKED BURRATA & MORTADELLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BURRATA & VENTRICINA SALAMI | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BUFFALO MOZZARELLA & VENTRICINA SALAMI | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| BURRATA & PROSCIUTTO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| SMOKED BURRATA & PROSCIUTTO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | no |
| FRANCO'S PANUOZZO CHORIZO | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | | no | no | no |
| FRANCO'S PANUOZZO PROSCIUTTO | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | | | ✓ Garlic | | no | no | no |
| FRANCO'S PANUOZZO VEGGIE | ✓ Almonds | | ✓ Wheat flour | ✓ | | ✓ Cheese | | | | | | | ✓ | | ✓ Garlic | | yes | no | no |
| 22. Kids' Menu | NUTS | PEANUTS | GLUTEN | EGGS | CRUSTACEANS | MILK | FISH | CELERY | SESAME | LUPIN | MUSTARD | SOYA BEANS | SULPHITES | MOLLUSCS | ALLIUM | TOMATO | Veggie? | Vegan? | GF BASE? |
| NUMBER 11 - TOMATO MOZZARELLA | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| NUMBER 12 - HAM | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |
| NUMBER 13 - WILD MUSHROOM | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | yes | no | yes |
| NUMBER 14 - DRY CHORIZO | | | ✓ Wheat flour | | | ✓ Cheese | | | | | | | | | | ✓ | no | no | yes |

| | | |
|--------------------|--|---|
| GLUTEN FREE | Do you do gluten free pizzas? | Yes! We have Gluten Free bases available, however as the pizza will be sharing the oven with our sourdough in our busy pizzeria, we cannot guarantee the complete absence of flour. Also please note NOT all ingredients are gluten free. |
| | Is your GF base made of sourdough or different dough? | Our gluten free base is not sourdough, but our customers still love it! The main ingredients are: water, corn starch, rice flour, potato starch, sunflower oil and fresh yeast |
| | Is your gluten free pizza suitable for coeliacs? | Unfortunately not. We have controls in place, however due to the airborne flour particles within our kitchen, we cannot guarantee the complete absence of gluten in the finished product. |
| ALLERGY | I have a food allergy. Can I eat in your restaurant? | Please ensure you notify your server of any allergies when ordering. Our teams will communicate your needs to our Pizzaioli who will take steps to reduce the chance of contamination, including using dedicated ingredients, thorough handwashing, cleaning of the preparation area and equipment. |
| | Do you have an allergen menu/list? How can the allergen information for the daily specials be found? | Yes, you can find our allergen menu on our website and a copy is available in all our pizzerias. All of our daily specials are included in this allergen list, just ask your server when ordering and we will provide you a copy. Or for takeaway, find out via our QR code stickers on all takeaway packaging. |
| | Is there any garlic or onion in your tomato sauce? | No, just organic tomatoes and a little sea salt. Nothing else. |
| | I saw that you handle nuts in your pizzeria and in your ovens, can I eat safely with a nut allergy? | While we take every precaution when preparing food for someone with an allergy, there is always a risk of cross contamination as we handle nut products in our pizzeria. We cannot 100% guarantee no contamination from nut products. |
| CHEESES | Are your cheeses pasteurised? | All our cheeses are pasteurised. Please always check with your server when ordering as some products might change. |
| | Are your cheeses vegetarian? | Some are and some not. We have cheeses made with veg rennet and meat rennet. Please always check with your server when ordering as some products might change. |
| HALAL | Are your meats halal? | We serve free range chicken which is halal. We also have certificates for this if you wish to see them. |
| DOUGH/YEAST | Do you add or use yeast in your dough? | We only use natural mother yeast which is over 200 years old. |
| | Can I have some of your dough/mother yeast? | Unfortunately we are not allowed to give this out for health & safety reasons. It's also our special secret recipe. |

| | | |
|--------------------------------|---|---|
| NUTRITIONAL INFORMATION | Where can I find the nutritional information on your menu? | We have our nutritional information available online or on our main menu. |
| CALORIE CONTENT | Why don't you provide calorie information for everything you sell or offer? | We do not need to provide calorie information for the following: -Specials, or dishes on the menu for less than 30 days over the course of a year -Condiments provided for the customers to add to their food (chilli & garlic oil and black pepper) -Drinks containing more than 1.2% abv (this applies to all our alcoholic drinks) -Where a customer has amended or altered a dish to their unique requirements (eg. added or removed toppings). |
| | How many calories are in a pizza if I swap the sourdough base to a GF base? | You can work that out by calculating the following: Our Sourdough base has 518 kcal and our GF base has 571 kcal. This means if you swap to a GF base the calorie content is increased by 53kcal. |
| GIFT CARDS | Do you sell gifts cards? | Yes! You can buy Franco Manca gift cards in all our pizzerias or online. Minimum value is £10 and you can find all of the info on our website. |
| FRANCO MANCA APP | What is the Franco Manca App? | Our Franco Manca App is free to use and available to download on any smartphone. It works like a loyalty card - come and visit us 6 times and get a pizza on the house! Students get a bonus 2 Stamps so they only need to visit 4 times to receive a free pizza. You can also use it to order Click & Collect from any of our pizzerias. |
| FRANCO AT HOME | Do you sell any products to take home? | We have available in all of our pizzeria - Franco's Chilli Oil, Garlic Oil, and Franco Manca Flour for you to buy and use at home. |
| | Can I make a Franco Manca Pizza at home? | Yes! We have a Franco Manca Cookbook available on Amazon, so you can make your own from scratch OR you could buy one (or more!) of our range of Cook at Home pizzas which are available in selected UK supermarkets. |
| MASTERCLASS | Do you run pizza masterclasses? | Yes! Please check our website for more information. |
| CHARITY | Do you support local schools and charities with vouchers? | Yes, please check our website for more information or contact askus@francoanca.co.uk |
| ACCESSIBILITY | Do you have Braille menus for customers that are visually impaired? | You can find an accessible menu on the "Good Food Talks" platform. They have a dedicated website or a mobile app. |
| CONTACT US | Can I write to you or contact your head office? | Write to us at Franco Manca, 1st Floor, 50-51 Berwick Street, London, W1F 8SJ, England or askus@francoanca.co.uk |

